

VIETNAM HEALTH AND AGING STUDY - 2021 SURVEY

### **QUESTIONNAIRE A**

### FOR FOLLOW-UP RESPONDENTS

We are visiting you today to request your participation in the Vietnam Health and Aging Study. If you recall, we visited you in 2018 to ask you about your life experiences, your family, living conditions and health. We are back to study a bit more about your experiences and to ask about your health and living conditions at the present time, nearly three years later. All information collected in this survey will be treated as strictly confidential. The record of your name and address will not be accessible to others and will only be used to contact you in future follow-up surveys. The interview will take approximately 2.5 hours, on average, and some persons find it to be tiring or emotionally difficult. If you need to take a break during the interview or would like to have a family member to assist you in the interview, please let us know. We greatly appreciate your time and effort and are grateful for your participation and cooperation.

INSTRUCTION TO INTERVIEWER: Except for saying that the section can be answered by the proxy, the questionnaire should be completed in FULL by the respondent, not by his/her spouse or other family members. If the respondent needs to rely upon a proxy due to health/cognitive functioning reasons, only ask questions to which the proxy can provide answers; do not ask questions about feelings or subjective matters.

INSTRUCTION TO DATA MANAGER/PROGRAMMER: Certain questions are only for a small number of respondents for whom we have nonsensical or incomplete data in Wave I. We indicate these portions of the questionnaire with blue font.

**IDENTIFICATION** (Update subject Identification information" which is to prepare information of research subject before interviewing.)

Pre-uploaded information of research subjects according to Wave 1.				
ID1. Full name of research subject:				
ID2. Name usually called:				
ID3. Sex of research subject:	1. Male 2. Female			
ID4. Year of birth of research subject:				
DATA MANAGER INSTRUCTION: Only				
include for respondents (N=2) missing data in				
Wave I.				
ID5. The highest level of education completed	Illiterate			
by the respondent:	Reading and Writing			
	Grade 1-12 (specify)			

DATA MANAGER INSTRUCTION: Only include for respondents (N=11) coded missing or don't know in Wave I. Utilize same codes/wording as Wave I.	Elementary level vocational education (7+1, 7+2) Intermediate professional/intermediate technical (10+1, 10+2) College (10+3) University, postgraduate Grade 1-10/10 (specify) Don't know			
ID6. Ethnicity of the respondent: <i>DATA MANAGER INSTRUCTION: Only</i> <i>include for respondents (N=68) missing</i> <i>information in Wave I.</i>	List of ethnicities provided.			
ID7. Address of research subject				
ID7a. Commune/Ward:				
ID7b. Address (residence group, street)				
	ed in 2018 survey. Interviewer only needs obtain			
	the interview is taking place outside the home of			
respondent).				
ID8. Phone of <b>Đ</b> TNC:				
	99999999999. don't know/ have a phone number			
Introduction of the research, survey and obtain signature on the consent form				
1. Agree to participate $\rightarrow$ Questionnaire A				
2. Refuse to participate $\rightarrow$ End				
3. Unable to approach the research subject $\rightarrow$ End				
4. The research subject passed away $\rightarrow$ Questionnaire B (the next of kin)				
ID9. The contact phone numbers for close family members who can be contacted in case of				
follow-up visit/questions of clarification?				
	proxy) to provide the contact phone numbers for			
	close family members who can be contacted in case of follow-up visit/questions of clarification.			
0. No one	nter tinformer tion has a bine IDO			
1. Only one contact person $\rightarrow$ Collect co				
2. At least two contact persons $\rightarrow$ Collect contact information by ID9a for two persons				
ID9a1. Full name of contact person 1:				
ID9a2. Address of contact person 1:				
ID9a3. Relationship of the contact person 1	<ol> <li>Spouse</li> <li>Adult son</li> </ol>			
with research subject:	3. Adult daughter			
	4. Sister			
	5. Brother			
	6. Other (specify)			
ID9a4. Phone number of contact person 1:				

Interviewer asks the same questions for contact person 2.

#### The proxy

INSTRUCTION TO INTERVIEWER: The respondent needs a proxy when he/she is present but cannot answer the questions him/herself due to health (physical or cognitive) conditions. If the respondent was not able to identify the district/city, or otherwise shows signs of cognitive impairment, she/he should be encouraged to find a proxy/assistant. The proxy or key informant should be the person in the household or a nearby relative who knows the respondent best. This includes spouse, adult children (age 15+), or siblings of the interviewee. The proxy can answer all questions except those that are evaluative or subjective. The proxy should be informed beforehand that they should answer "don't know" if they are unsure of information requested.

ID11. Do you need help with the interview?	1. Yes, need help to answer entire interview	
	2. Yes, need help to answer partial interview	
	3. No, can answer entire interview	
ID12. Name of the proxy:		
ID12a. How to call the proxy:		
ID13. Is the proxy living in the same	1. Same household $\rightarrow$ There will be a list of	
household with the research subject?	household roster, interview select the person in	
	the list. If the proxy is not in the list, ask ID14,	
	ID15	
	2. Outside household $\rightarrow$ ID15	
ID14. Name of the proxy in the list		
ID15. Relationship of the proxy with research	1. Spouse	
subjects?	2. Child	
	3. Parent	
	4. Parent-in-law	
	5. Child-in-law	
	6. Grandchild	
	7. Sibling	
	8. Brother/sister-in-law	
	9. Aunt/uncle	
	10. Nephew/Niece	
	11. Friend or neighbor	
	12. Other relative (specify)	
	13. Other (specify)	

## SECTION A. UPDATE HOUSEHOLD ROSTER

Now we would like to ask you about who lives with you in your household at the present time.

INSTRUCTION TO DATA MANAGER: Household Roster Data from Wave I should be uploaded for all respondents so that interviewer can review and assess if there are changes in household membership.

### INSTRUCTION TO INTERVIEWER:

Refer to Wave I COMMCARE data, review HH members in Wave I. Ask respondent (or proxy) to indicate, person by person, who still lives in their HH. Then ask respondent to indicate, person by person, if any other persons reside in their household right now. For each new HH member, complete information A1-A6.

Ask about all persons <u>usually residing</u> in the Household (HH). A person is considered usually residing in the HH if, in the past year, they lived the majority of time (6 months or longer) in this dwelling.

A1. List of household members from	Interviewer select the member(s) who move out or		
2018 survey	passed away.		
5	pject moved to another household, mark all existing		
members as moved out and complete information of the new household (which R moved in) as			
new members in the 2018 household.	mation of the new nousehold (which it moved in) as		
A1a. As per the list of 2018 survey, is	1. Yes $\rightarrow$ A2a		
there any change of household members?	2. No		
A2a. Is there anyone moving in or out of	1. Move in		
the household? ( <i>can select both answers</i> )	2. Move out/passed away		
Number of new members:			
A1. Name:			
A2. Year of birth:			
A3. Sex:	1. Male 2. Female		
A4. Relationship with research subject:	2. Spouse		
	3. Child		
	4. Own parent		
	5. Father/Mother-in-law		
	6. Son/Daughter-in-law		
	7. Paternal grandchild (son's child)		
	8. Maternal grandchild (daughter's child)		
	9. Sibling		
	10. Brother/sister in law		
	11. Aunt/uncle		
	12. Other (specify)		
A5. Highest level of education			
completed?			
A6. Marital status of this new member	1. Never married		
	2. Currently married, spouse present		
	3. Currently married, spouse absent (for 3 months		
	or more)		
	4. Divorced		
	5. Separated		
	6. Widowed		
	9. Don't know		

INSTRUCTION TO INTERVIEWER: Ask A1-A6 for each new member.

A7. In total, how many people, including yourself, are living			
in your household? (Instruction to interviewer: Confirm that			
all Wave I household members still coresiding, and new			
Wave II household members, are enumerated).			
A8. What is the line number of the person who is primarily			
making major household decisions?			
(Instruction to interviewer: Avoid using the term "chu ho"			
(household head) when asking this question)			
INSTRUCTION TO INTERVIEWER: With A7 & A8, there is a list of household members			
updated, including the members of 2018 survey, including move out/passed away members, and			

updated, including the members of 2018 survey, including move out/passed away members, and new members. For A8, the line of primary decision maker is unchanged even there are members moving out or passed away. For instance, the move-out member is at line 5, the primary decision maker is at line 6, fill 6.

In the case that respondent says both spouses make decisions, ask who make most important decisions.

Research subject always is at 1 in the list.

### **SECTION B. HEALTH**

#### **Overall Health**

Let's continue with some questions about your health and functioning.  $\Box$  Proxy is answering  $\rightarrow$  Only B5 appears (B1, B2, B3, B4 are not shown)

<b>D</b> ( <b>T</b> ) ( <b>1</b> )	
B1. How would you rate your current health	1. Very good
status? Would you say your health is very	2. Good
good, good, fair, poor or very poor?	3. Fair
(Interviewers: Respondents give their	4. Poor
subjective assessment. If there is no clear	5. Very poor
answer, interviewers can ask the respondent	7. Don't know
to compare with the persons at his/her same	8. No answer/refused
age).	
B2. You told me earlier that you are currently	1. Younger than my age
years old. People sometimes feel	2. Older than my age
younger or older than their age. Do you feel	3. I feel as old as I am
younger, older or about your age?	77. Don't know
	88. No answer/Refused
B3. Are you often bothered by pain?	1. Yes
	2. No→ B5

	77. Don't know $\rightarrow$ B5
	88. Refused/No answer $\rightarrow$ B5
B4. If Yes, how severe would you say the pain	1. Mild
is, most of the time?	2. Moderate
	3. Severe
	77. Don't know
	88. Refused/No answer
B5. In the <b>past two year</b> , how many times	
have you had a serious fall that required	times
medical treatment?	97. Don't know
(Interviewer instruction: A fall is	98. Refused/No answer
unintentional, and not caused by outside	
events such as a vehicle accident. The fall	
might need medical treatment from a doctor, at	
a hospital or clinics).	

## **Health Conditions**

*INTERVIEWER SCRIPT:* Now, we would like to update information about your health conditions. We will ask about several conditions and your diagnosis and medication.

□ Proxy is answering? (Proxy can answer the questions below in the table)

Health condition INSTRUCTION FOR INTERVIEWER: Read one by one the conditions below (B6-B19).	a. Do you <b>now</b> , or in the past three years, have you had [condition X]? If so, have you been diagnosed with this condition by a doctor, nurse or healthcare staff?	b. If Yes, a doctor diagnosed, when did you first receive the diagnosis?	c. Do you currently take medication, prescribed or given by your doctor, on a regular basis, to manage it? (Interviewer instruction: This does not include traditional medicine/dietary supplements. Traditional medicine which is prescribed by a doctor is included. Ask only for B6 hypertension, B7 high cholesterol, B8 Diabetes, and B9 Chronic lung disease, COPD)
	<ol> <li>Yes, a doctor diagnosed this.</li> <li>Yes, I feel I have this condition, but no doctor diagnosed→ Next condition</li> <li>No, I do not have this condition</li> </ol>	<ol> <li>Within the last year</li> <li>1-3 years ago.</li> <li>Over 3 years ago.</li> <li>Don't know</li> <li>Refused/no answer</li> </ol>	1. Yes 2. No 7. Don't know 8. Refused/no answer

	(or, it has not been	
	diagnosed)→Next	
	condition	
	7. Don't	
	know/Don't	
	remember $\rightarrow$ Next	
	condition	
	8. Refused/no	
	answer →Next	
	condition	
B6. Hypertension		
B7. High		
cholesterol		
B8. Diabetes or		
high blood sugar		
B9. Chronic lung		
diseases,		
e.g.,COPD, chronic		
bronchitis,		
emphysema (excl		
tumors or cancer)		
B10. Liver disease		
(excl. fatty liver,		
tumors, cancer)		
B11. Heart attack,		
coronary heart		
disease, angina,		
congestive heart		
failure, or other		
heart problems		
B12. Heart stroke		
B13. Mental health		
problems, e.g.,		
depression, anxiety		
disorder		
B14. Alzheimer's		
or other Memory-		
related disease		
B15. Arthritis or		
rheumatism		
B16. Asthma		
B17. Hip fracture		
D17. Inp fracture		

# B19. Do you **now, or in the past three years**, have you had cancer?

1. Yes

2. No

7. Don't know

8. Refused/No answer

B20. In which organ or part of your body have you had cancer? Including the origins and metastasis of tumor. (*Circle all that apply*)

# INSTRUCTION TO INTERVIEWER:

Interviewer does not read all these options, circles all that are appropriate based on respondent's answer to the question B19. Ask respondent even if he/she has already had or is planning to receive treatment or surgery.

	Have you/a	re you		Have you/a	e you
	planning to receive			planning to receive	
	treatment or s	urgery?		treatment or survey?	
	1. Yes 2	. No		1. Yes 2	2. No
1. Brain	1	2	14. Testicle	1	2
2. Oral cavity	1	2	15. Ovary	1	2
3. Larynx	1	2	16. Cervix	1	2
4. Other pharynx	1	2	17. Endometrium	1	2
5. Thyroid	1	2	18. Colon or rectum	1	2
6. Lung	1	2	19. Bladder	1	2
7. Breast	1	2	20. Skin	1	2
8. Esophagus	1	2	21. Non-Hodgkin	1	2
9. Stomach	1	2	lymphoma	1	2
10. Liver	1	2	22. Leukemia	1	2
11. Pancreas	1	2	23. Other organ	1	2
12. Kidney	1	2	97. Don't know		
13. Prostate	1	2	98. Refused/No answer		

Vision and Hearing		
Now I have some questions about your eyesight.		
B21. Do you usually wear glasses or corrective lens? 1. Yes		
	2. No	
	3. Sometimes	
B22. How good is your eyesight? If you wear glasses or	1. Very good	
corrective lenses, please assess your eyesight with 2. Good		
glasses/corrective lenses. It you do not wear them, assess your 3. Fair		
eyesight without glasses/corrective lenses.	4. Poor	
	5. Very poor	
	88. Not applicable/No Answer	

Now I have some questions about your hearing		
B23. Do you ever wear a hearing aid(s)?	1. Yes	
	2. No	
	3. Sometimes	
B24. Is your hearing very good, good, fair, poor, or very poor?	1. Very good	
(If you wear a hearing aid, please assess your hearing with a	2. Good	
hearing aid. If you don't use it, assess your hearing without	3. Fair	
<i>it</i> ).	4. Poor	
	5. Very poor	
	88. Not applicable/No Answer	

### Health complaints.

*INSTRUCTION FOR INTERVIEWER: Questions B25-B33 are for the research subject only. If the proxy is answering, interviewer select 2 and move to B34.* 

1. The research subject is answering, continue with B25

2. The proxy is answering  $\rightarrow B34$ 

I would like to ask if you had any of the following health complaints in the past month.

	1. Yes,	2. Yes,	3. No	7. Don't	8. Refused/No
	severe	moderate		know	answer
B25. Headache	1	2	3	7	8
B26. Insomnia	1	2	3	7	8
B27. Chest pain	1	2	3	7	8
B28. Joint pain	1	2	3	7	8
B29. Dizziness	1	2	3	7	8
B30. Back pain	1	2	3	7	8
B31. Stomachache	1	2	3	7	8
B32. Difficult breathing	1	2	3	7	8
B33. Coughing	1	2	3	7	8

INSTRUCTION TO INTERVIEWER: Questions B34-B57 can be answered by either respondent or the proxy.

Functional Limitations	
B34. Do you have difficulty walking 200 to 300	1. No, I don't have any difficulty
meters?	2. I have difficulty but can still do
	3. Yes, I have difficulty and need help
	4. I cannot do it
B35. Do you have difficulty getting up from a chair	1. No, I don't have any difficulty
after sitting for a long period?	2. I have difficulty but can still do
	3. Yes, I have difficulty and need help
	4. I cannot do it

	1
B36. Do you have difficulty climbing several flights	1. No, I don't have any difficulty
of stairs without resting?	2. I have difficulty but can still do
	3. Yes, I have difficulty and need help
	4. I cannot do it
B37. Do you have difficulty stooping, kneeling, or	1. No, I don't have any difficulty
crouching?	2. I have difficulty but can still do
	3. Yes, I have difficulty and need help
	4. I cannot do it
B38. Do you have difficulty reaching or extending	1. No, I don't have any difficulty
your arms above shoulder level? (Interviewer	2. I have difficulty but can still do
instruction: Demonstrate by raising own hands above	3. Yes, I have difficulty and need help
shoulders and see if respondent can do so. If they can	4. I cannot do it
do, ask if they have difficulty. He/she is regarded as	
not having difficulty only if he/she can extend both of	
his/her arms & says they have no difficulty.)	
B39. Do you have difficulty lifting or carrying objects	1. No, I don't have any difficulty
weighing 10 kg or more, like a heavy bag of groceries?	2. I have difficulty but can still do
	3. Yes, I have difficulty and need help
	4. I cannot do it
B40. Do you have difficulty picking up a small object,	1. No, I don't have any difficulty
such as a bottle cap or seed, off a table?	2. I have difficulty but can still do
	3. Yes, I have difficulty and need help
	4. I cannot do it

# ADLs (Activities of Daily Living)

B41. Do you have any difficulty dressing yourself?	1. No, I don't have any difficulty
Dressing includes: removing clothes from a closet,	2. I have difficulty but can still do
putting on clothing, and fastening belts and buttons.	3. Yes, I have difficulty and need help
	4. I cannot do it
B42. Do you have any difficulty with bathing or	1. No, I don't have any difficulty
showering?	2. I have difficulty but can still do
	3. Yes, I have difficulty and need help
	4. I cannot do it
B43. Do you have any difficulty with eating, such as	1. No, I don't have any difficulty
using chopsticks or cutting up food?	2. I have difficulty but can still do
	3. Yes, I have difficulty and need help
	4. I cannot do it
B44. Do you have any difficulty with getting into or	1. No, I don't have any difficulty
out of bed?	2. I have difficulty but can still do
	3. Yes, I have difficulty and need help
	4. I cannot do it
B45. Do you have any difficulties with using the toilet,	1. No, I don't have any difficulty
including getting up and down?	2. I have difficulty but can still do

	<ul><li>3. Yes, I have difficulty and need help</li><li>4. I cannot do it</li></ul>
INSTRUCTION TO INTERVIEWER: If the respondent	answers 1 for all questions B41-B45 $\rightarrow$
<i>B50</i>	

B46. If DIFFICULTY WITH ANY ADL ASK: You said	0. No → B49
that you have difficulty with [dressing/bathing/eating/	1. Yes
getting (in/out of) bed/using the toilet]. Does anybody	
help you do these things?	
B47. Who is the <b>primary person</b> that provides help?	1. Spouse
	2. Ex-spouse
	3. Son
	4. Daughter
	5. Son in law
	6. Daughter in law
	7. Grandson
	8. Granddaughter
	9. Other relative (specify)
	10. Other non-relative (specify)
	97. Don't know
	98. No answer/refused
B48. Who else helps you ( <i>circle all that apply</i> )?	0. No one else
	1. Spouse
	2. Ex-spouse
	3. Son
	4. Daughter
	5. Son in law
	6. Daughter in law
	7. Grandson
	8. Granddaughter
	9. Other relative (specify)
	10. Other non-relative (specify)
	77. Don't know
	88. No answer/Refused
B49. If No to B46: Do you need help?	1. Yes
	2. No
	88. No answer/Refused

IADLs	
B50. Do you have any difficulties performing	1. No, I don't have any difficulty
household chores, such as house cleaning,	2. I have difficulty but can still do it
	3. Yes, I have difficulty and need help

doing dishes, cleaning the floors, and	4. I cannot do it
arranging the house?	7. Not applicable
	8. No answer/Refused
B51. Do you have any difficulty grocery	1. No, I don't have any difficulty
shopping? ( <i>including deciding what to buy and</i>	2. I have difficulty but can still do it
paying for it)	3. Yes, I have difficulty and need help
	4. I cannot do it
	7. Not applicable
	8. No answer/refused
B52. Do you have any difficulties with	1. No, I don't have any difficulty
managing your money (such as paying your	2. I have difficulty but can still do it
bills, keeping track of expenses, or managing	3. Yes, I have difficulty and need help
assets)?	4. I cannot do it
	7. Not applicable
	8. No answer/Refused
Sleep	
B53. In the past month, how many hours and	1 minutes did you
approximately sleep on a weeknight? (do not in	<i>clude time spent in</i> hours
bed but while not sleeping; do not include dayti	<i>ime napping</i> )minutes
DATA MANAGER INSTRUCTIONS: Please us	
with only valid options for hours and minutes. F	* · · · · · · · · · · · · · · · · · · ·
free form data entry.	
J J	

### **Cognitive functioning**

### **INSTRUCTION TO INTERVIEWER:**

The questions from B55-B68 are for the research subject only.

Interviewers should be prepared to show the respondent the two items, and have a pencil (for drawing), two blank pieces of paper (for folding and writing) ready. However, keep these items in your bag until right before asking the relevant questions.

For the following questions, the subjects are placed as much at ease as possible and encouragement is freely given, but no assistance. The tests are not timed, but if after a long pause they respondent is unable to answer, you may move on to the next question. When asking these questions, it is important to speak very clearly and slowly, more slowly than you might in ordinary conversation.

B54. Interviewer checks:
1. Proxy is answering →B69
2. Respondent is answering → Continue with B55.

B55. How would you rate your memory at	1.Very good
the present time? Would you say it is very	2. Good
good, good, fair, poor or very poor?	3. Fair
	4. Poor
	5. Very poor
	7. Don't know
	8. Refused/No answer
	questions about your memory? Some questions are
	e asked more than one time. If you usually wear
eyeglasses, please wear them for this part of	
B56a. Please tell me the day of the week.	1. Correct
Is it Monday, Tuesday, Wednesday,	2. Incorrect
Thursday, Friday, Saturday, or Sunday?	7. Don't know
	8. Refused/No answer
B56b. What is current season?	1. Spring
	2. Summer
	3. Autumn
	4. Winter
	7. Don't know
	8. Refused/No answer
B56c. What is the current year?	1. Correct
INSTRUCTION TO INTERVIEWER: The	2. Incorrect
respondent can answer a year in either	7. Don't know
lunar or international calendar. We accept	8. Refused/No answer
either correct answer.	
B56d. What is the current month?	1. Correct
INSTRUCTION TO INTERVIEWER: The	2. Incorrect
respondent can answer a month in either	7. Don't know
lunar or international calendar. We accept	8. Refused/No answer
either correct answer.	
B56e. What is the day of the month today?	1. Correct
INSTRUCTION TO INTERVIEWER: The	2. Incorrect
respondent can answer a date in either	7. Don't know
lunar or international calendar. We accept	8. Refused/No answer
either correct answer.	
B57a. What is the country we are in?	1. Correct
	2. Incorrect
	7. Don't know
	8. Refused/No answer
B57b. What is the province we are in?	1. Correct
-	2. Incorrect
	7. Don't know
	8. Refused/No answer
B57c. What is the district we are in?	1. Correct
	2. Incorrect
	7. Don't know
	1

	8. Refused/No answer
B57d. What is the commune/ward we are	1. Correct
in?	2. Incorrect
	7. Don't know
	8. Refused/No answer
B57e. What is the village/residence group	1. Correct
we are in?	2. Incorrect
	7. Don't know
	8. Refused/No answer
B58. I would like to invite you to take a test.	INSTRUCTION TO INTERVIEWER: Be sure to
I am going to read a list of 3 words. After I	read the words slowly and clearly. If there are
read these words, I would like you to repeat	other noises in the room, wait until there is quiet
back to me as many of them as you can	so the interviewee can hear and can focus. Only
remember. This is sometimes difficult and	read the words, slowly. Do not number the words
people do not always remember all of the	or add additional words as this might confuse
words. Please listen carefully as I read the	them. Just read the 3 words slowly and then ask
list because I cannot repeat it. When I finish	the respondent to recall them. [Please use word
reading the list, I will ask you to recall and	lists already programmed in the tablet]
tell us as many words as you can remember,	
and they don't have to be in the order that	If respondent is not able to remember any word,
you heard them. Is this explanation clear?	read the words again (up to 3 times) before going
you near unem. Is this explanation creat :	to the next question. If after 3 times reading the
	words, the respondent still cannot remember any
	word, please reassure them and tell that that is ok
	if they cannot remember the words, that this is a
	difficult test and many people have difficulties.
	Thank and go to next question.
B59a. Do you agree to participate?	1. Yes
	2. No→ B60
B59b. The options:	1. Option 1: bicycle, teacher, tree
	2. Option 2: table, doctor, river
	3. Option 3: hospital, farmer, mountain
B59c. Answer for option: (Indicate	1. bicycle/teacher/tree
each of the words that the respondent	2. table/doctor/river
correctly recalled, in any order.)	3. hospital/farmer/mountain
	<ol> <li>Doesn't remember any</li> <li>Refused/No answer</li> </ol>
B59d. Interviewer: How many repetitions	1. Zero repetitions; respondent recalled 1+ words
before the respondent was able to	on first try
remember at least 1 word?	2. One repetition
	3. Two repetitions
	4. Three repetitions

	5 Despendent unable to recall any words after 2
	5. Respondent unable to recall any words after 3
	repetitions.
B60. I would like to invite you to take a	1. Yes
math test. Do you agree to participate?	2. No → B62
B61a. Let's try some subtraction of	
numbers this time. What does 100 minus 7	
equal?	
INSTRUCTION FOR INTERVIEWER:	
You can proceed slowly & allow ample time	If respondent doesn't provide an answer or give a
to respond, and can encourage the respondent, but do not help with the	nonsensical answer due to their cognitive
subtraction. For scoring, mark each	problems (for example, think 100 as 10 after the interviewer has given clear instruction):
subtraction as correct or incorrect,	997. Don't know
irrespective of whether the previous	998. No answer
subtraction was correct. Keep asking them	Then CommCare will move to next questions.
to subtract 7 for 5 repetitions, even if the	
prior answer was incorrect. The answer	
counts as correct if it is correctly subtracted	
from the previous number. For example, if	
the first answer given is 92, that would be	
answered as No, but if the next answer were	(enter the answer provided)
85, that would be answered as Yes.	
B61b. And 7 from that?	<i>.</i>
D (1 4 17 0 1 0	(enter the answer provided)
B61c. And 7 from that?	<i>.</i>
	(enter the answer provided)
B61d. And 7 from that?	<i>.</i>
	(enter the answer provided)
B61e. And 7 from that?	
	(enter the answer provided)
B62. INTERVIEWER: Show respondent	1. Respondent tries to name both items, but names
*	-
<i>two simple objects, a pencil and a button.</i>	both incorrectly. Or, respondent says "I don't know."
Ask the respondent, can you name these 2	
items for me?	2. Respondent tries to name both items, names 1 correctly.
	3. Respondent names both items correctly.
	8. Respondent refuses to try or does not
	understand the instructions
B63. Repeat the phrase: "Adversity is the	1. Respondent correctly repeats the phrase
mother of wisdom" (Cái khó ló cái khôn)	2. Respondent cannot correctly repeat the phrase
	3. Respondent refuses to repeat phrase
	4. Respondent does not understand the
	instructions.

B68. Earlier I told you the names of 3 things. Now I would like to ask you about the 3 words I read previously. Please tell me all of the words you remember. The words can be in any order. Interviewer instruction: circle the option chosen previously at B59b and circle any word that the respondent repeats.	<ol> <li>bicycle/teacher/tree</li> <li>table/doctor/river</li> <li>hospital/farmer/mountain</li> <li>Doesn't remember any</li> <li>Refused/No answer</li> </ol>
B64. Interviewer asks respondent to do according to this instruction: "Take the paper in your right hand, fold it in half, and put it on the floor." <i>Interviewer gives respondent 1 piece of</i> <i>blank paper.</i>	<ol> <li>Respondent correctly completed all three actions.</li> <li>Respondent correctly completes 2 of 3 actions.</li> <li>Respondent correctly completes 1 of 3 actions.</li> <li>Respondent does not correctly complete any of the 3 actions.</li> <li>Respondent refuses or does not understand the instructions.</li> </ol>
B65. Please read this and do what it says. (INSTRUCTION FOR DATA MANAGER: Screen should provide this written instruction on the tablet, in large font, "Close your eyes.")	<ol> <li>Respondent reads and correctly follows instructions.</li> <li>Respondent reads but cannot correctly follow instructions.</li> <li>Respondent is unable to read &amp; complete the instructions.</li> <li>Respondent cannot read due to illiterate/re- illiterate</li> <li>Respondent refuses or does not understand the instructions.</li> </ol>
B66. Make up and write a sentence about anything. ( <i>This sentence must contain a</i> noun and a verb.)	<ol> <li>Respondent is able to write a sentence.</li> <li>Respondent is unable to write a sentence due to cognitive reasons.</li> <li>Respondent is unable to write a sentence due to physical limitation (e.g., cannot hold pencil due to arthritis).</li> <li>Respondent refuses or does not understand the instructions.</li> </ol>
B67. Please copy this picture.	1. Respondent is able to copy the picture (drawn
(Interviewer instruction: The interviewer gives the respondent a blank piece of paper	correctly) 2. Respondent is unable to copy the picture
and asks him/her to draw the symbol below.	(drawn incorrectly, due to cognitive problem)
All 10 angles must be present and two must	3. Respondent is unable to copy the picture
intersect. The lines need not be perfectly even or straight. The respondent may be looking at the picture, no need to memorize the image.)	(drawn incorrectly, due to physical limitation) 8. Respondent refuses or does not understand the instructions.

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# **Mental Distress**

INSTRUCTION TO INTERVIEWER:			
The questions B69-B78 are for the Research subject only.			
If proxy is answering $\rightarrow B79$			
Now I am going to read another list of ways that people feel	Now I am going to read another list of ways that people feel sometimes. I would like to know		
whether you have felt this way in the past month?			
DATA MANAGER INSTRUCTION: Ensure these questions ar	e worded as in Wave I.		
B69. In the <b>past month</b> , did you sleep badly?	1. Yes		
	2. No		
	7. Don't know		
	8. No answer/Refused		
B70. In the <b>past month</b> , did you cry more than usual?	1. Yes		
	2. No		
	7. Don't know		
	8. No answer/Refused		
B71. In the <b>past month</b> , did you find it difficult to enjoy your	1. Yes		
daily activities?	2. No		
	7. Don't know		
	8. No answer/Refused		
B72. In the <b>past month</b> , did you find it difficult to make	1. Yes		
decisions?	2. No		
	7. Don't know		
	8. No answer/Refused		
B73. In the <b>past month</b> , was your daily life suffering?	1. Yes		
	2. No		
	7. Don't know		
	8. No answer/Refused		
B74. In the <b>past month</b> , were you unable to play a useful part	1. Yes		
in life?	2. No		
	7. Don't know		
	8. No answer/Refused		
B75. In the <b>past month</b> , did you feel tired all the time?	1. Yes		
	2. No		
	7. Don't know		
D76 In the most month have seen by the set in the set	8. No answer/Refused		
B76. In the <b>past month</b> , have you had any indigestion or upset	1. Yes		
stomach?	2. No 7. Don't know		
	7. Don't know		
	8. No answer/Refused		

B77. In the <b>past month</b> , has the thought of ending your life	1. Yes
been on your mind?	2. No → B79
	7. Don't know $\rightarrow$ B79
	8. No answer/Refused $\rightarrow$ B79
B78. How often have you thought about ending your life in	1. Rarely (1 time)
the past month?	2. Sometimes (2 times)
	3. Often (3-4 times)
	4. Very often (5 or more times)
	7. Don't know
	8. No answer/Refused

#### **Cognitive Functioning (For full/partial proxy interviews)**

INSTRUCTION TO INTERVIEWER: This section (B79-B83) is for the Proxy in two cases: 1. The interview is totally answered by the proxy 2. The respondent doesn't answer questions B55-B68

B79. How would you rate's memory at the present time?	<ol> <li>Very good</li> <li>Good</li> <li>Fair</li> <li>Poor</li> <li>Very poor</li> </ol>
B80. Compared to two years ago, would you say's memory is at the present time?	1. Better 2. Same 3. Worse
B81. Compared to two years ago, how good is in remembering where things are kept around the house?	1. Better 2. Same 3. Worse
B82. How about remembering information like the date, or the names of family members and relatives.	<ol> <li>Better</li> <li>Same</li> <li>Worse</li> </ol>
B83. Does ever get lost in familiar environments or wander off by themselves without returning?	1. Yes 2. No

## **COVID-19 QUESTIONS IN THE PAST 12 MONTHS**

Interviewer: The Proxy can answer these questions.

We would like to ask a few questions about your personal experiences with Covid-19. Please answer the following questions:

B84. Have you ever been tested for Covid-	1. Yes
19?	2. No → B88
	7. Don't know/ Don't remember $\rightarrow$ B88

	8. No answer $\rightarrow$ B88	
B85. Have you ever tested positive for Covid-	1. Yes	
19?	2. No → B88	
	7. Don't know/ Don't remember → B88	
	8. No answer $\rightarrow$ B88	
B86. If you answered Yes, you have tested	1. May 2021	
positive for Covid-19, when did you receive	2. June 2021	
the positive test result?		
Interviewer: If the respondent has tested	13. June 2022	
positive more than once, specify time since	9997. Don't know/ Don't remember	
most recent positive test	9998. No answer	
B87. If you answered Yes, you have tested	1. At home, self-test	
positive for Covid-19, where was this positive	2. At home, tested by health staff	
test administered?	3. At health facility	
	4. Other (specify)	
	7. Don't know/ Don't remember	
	8. No answer	
B88. Have any members of your household	1. Yes	
tested positive for Covid-19 in the past 12	2. No	
months?	7. Don't know/ Don't remember	
	8. No answer	
B89. Have you received one or more shots of	0. No $\rightarrow$ Section C	
the Covid-19 vaccine?	1. Yes, one shot	
	2. Yes, two shots	
	3. Yes, three shots or more	
	7. Don't know/ Don't remember $\rightarrow$ Section C	
	8. No answer $\rightarrow$ Section C	
B90. When did you receive your last	1. May 2021	
dose/shot of the Covid-19 vaccine?	2. June 2021	
	13. June 2022	
	9997. Don't know/ Don't remember	
	9998. No answer	

SECTION C. HEALTH, LIFESTYLE AND ACTIVITY

INSTRUCTION TO INTERVIEWER: THIS SECTION CAN BE ASKED OF BOTH RESPONDENT AND THE PROXY.

Health behaviors	
C1. Do you currently, or have you ever smoked cigarettes, pipe tobacco, or cigars?	<ol> <li>Currently smoke water pipe.</li> <li>Currently smoke cigarettes/cigars</li> <li>Currently smoke both cigarettes and water pipe</li> <li>Used to smoke, but totally quit → C1b</li> <li>Never smoked pipe or cigarettes → C2</li> <li>Don't know</li> <li>Refused/No answer</li> </ol>
C1a. Approximately how many times did you smoke per day, on average, in the past week? <i>INSTRUCTION TO INTERVIEWER: 1 "time"</i> refers to 1 cigarette or to several puffs on the water pipe in a particular time frame.	times 997. Don't know 998. Refused/No answer
C1b. If Currently or Ever smoked, at what age did you begin to smoke cigarettes/pipe tobacco/cigars on a regular basis? INSTRUCTION TO INTERVIEWER: Specify the time when respondent began smoking with some regularity, not the age they first tried. INSTRUCTION FOR DATA MANAGER: Only include this question for respondents with incomplete/nonsensical data in Wave I. Please use pull-down menu with only valid options.	Age: 997. Don't remember 998. Refused/No answer
C2. In the past year, did you drink alcoholic beverages, such as beer, wine, or liquor (including medicinal wine)?	<ol> <li>Yes</li> <li>No → C13</li> <li>Don't know</li> <li>Refused/No answer</li> </ol>
C3. If Yes to C2, did you drink <i>beer</i> in the past year? C4. About how frequently on average did you drink beer in the past year each month?	1. Yes 2. No $\rightarrow$ C6 0. Once in some months 1. Once a month 2. 2-3 times a month 3. Once a week 4. 2-3 times a week 5. 4-6 times a week 6. Once a day 7. Twice a day 8. More than twice a day 97. Don't know/remember 98. Refused/No answer
C5. The last time you drank beer, how many glasses/cans (200-300ml) of beer did you drink?	glasses/cans

	97. Don't remember
	98. Refused/No answer
C6. If Yes to C2, did you drink <i>wine</i> in the past	1. Yes
year?	2. No $\rightarrow$ C9
	97. Don't know
	98. Refused/No answer
C7. About how frequently on average did you	0. Once in some months
drink wine in the past year each month?	1. Once a month
	2. 2-3 times a month
	3. Once a week
	4. 2-3 times a week
	5. 4-6 times a week
	6. Once a day
	7. Twice a day
	8. More than twice a day
	97. Don't know/remember
	98. Refused/No answer
C8. The last time you drank wine, how many	
glasses (50-100ml) of wine did you drink?	glasses
	97. Don't remember
	98. Refused/No answer
C9. If Yes to C2, did you drink whiskey or white	1. Yes
liquor (including medicinal wine) in the past	2. No $\rightarrow$ C13
year?	
C10. About how frequently on average did you	0. Once in some months
drink whiskey or white liquor (including	1. Once a month
medicinal wine) in the past year each month?	2. 2-3 times a month
	3. Once a week
	4. 2-3 times a week
	5. 4-6 times a week
	6. Once a day
	7. Twice a day
	8. More than twice a day
	97. Don't know/remember
	97. Don't know/remember 98. Refused/No answer
C11. The last time you drank whiskey or white	
•	alassas
liquor, how many glasses (20ml) of whiskey or	
white liquor did you drink?	97. Don't know/remember
C12 At what are did not start detailing and 1, 1, 9	98. Refused/No answer
C12. At what age did you start drinking regularly?	
INSTRUCTION TO INTERVIEWER: specify the	
time when respondent began to drink with some	997. Don't know/remember
regularity, not the age when they tried drinking	998. Refused/No answer
for the first time.	999. Proxy answered

INSTRUCTION TO DATA MANAGER: only	
include this question for list of respondents with	
incomplete/nonsense data in Wave I.	

# Nutrition, food security

Now I would like to ask you about the food that you normally eat. Thinking about last week, how often did you eat the following food items:

C13. Fruits	1. Several times per day
	2. Once daily, almost daily
	3. Several days per week, but not daily
	4. 1-2 days per week
	5. Not at all
	97. Don't know
	98. Refused/No answer
	99. Not applicable due to restricted diet
C14. Vegetables	1. Several times per day
	2. Once daily, almost daily
	3. Several days per week, but not daily
	4. 1-2 days per week
	5. Not at all
	97. Don't know
	98. Refused/No answer
	99. Not applicable due to restricted diet
C15. Meat, incl Chicken, Pork, Beef, etc	1. Several times per day
	2. Once daily, almost daily
	3. Several days per week, but not daily
	4. 1-2 days per week
	5. Not at all
	97. Don't know
	98. Refused/No answer
	99. Not applicable due to restricted diet
C16. Fish/Shellfish	1. Several times per day
	2. Once daily, almost daily
	3. Several days per week, but not daily
	4. 1-2 days per week
	5. Not at all
	97. Don't know
	98. Refused/No answer
C17 Tofy or locumes	99. Not applicable due to restricted diet
C17. Tofu or legumes	1. Several times per day
	2. Once daily, almost daily
	3. Several days per week, but not daily
	4. 1-2 days per week
	5. Not at all

	97. Don't know
	98. Refused/No answer
	99. Not applicable due to restricted diet
C18. Sweets, including sugary drinks or	1. Several times per day
cakes/cookies	2. Once daily, almost daily
	3. Several days per week, but not daily
	4. 1-2 days per week
	5. Not at all
	97. Don't know
	98. Refused/No answer
	99. Not applicable due to restricted diet
C19. Was last week an average week for you,	1. Last week food consumption was about
in terms of your food consumption, or did you	normal.
eat significantly more or less than usual due to	2. Last week food consumption was
illness, special festivities, etc?	significantly greater than usual.
	3. Last week food consumption was
	significantly less than usual.
	97. Don't know
	98. Refused/No answer
C20. How many meals do you normally take	1. More than 4 meals per day
every day?	2. 4 meals per day
	3. 3 meals per day
(Meal might not include rice. If respondent	4. 2 meals per day
considers it a meal and often takes it daily, it	5. 1 meal per day
can be counted to number of meals)	6. Less than 1 meal per day
	7. Don't know
	8. Refused/No answer
C21: During the <b>past year</b> , was there a time wh	
C21a You were worried you would not	1. Yes
have enough food to eat because of a lack of	2. No
money or other difficulties?	7. Don't know
money of other unneutres?	
	8. Refused/No answer
C21b Your household ran out of food	1. Yes
because of a lack of money or other	2. No
difficulties?	7. Don't know
	8. Refused/No answer

# Physical activity, exercise

We would like to ask you a few questions about physical activity, in particular physical activity you have done in the **past week**.

INSTRUCTION FOR INTERVIEWER:

The interviewers correctly read the questions, and if the respondents say No, then please prompt and clarify that they indeed did not engage in physical activity. Note that the activities do not have to be the examples listed here – but any activities that are vigorous. The interviewer might give an example of heavy breathing and feeling tired after doing a vigorous activity, and labored breathing after doing a moderate activity.

C22. First, please think about all **the vigorous activities** which take hard physical effort that you may have done *in the last week*. Vigorous activities <u>make you breathe much harder than normal</u> and may include heavy lifting, digging, plowing, aerobics, playing sports such as badminton or volleyball, running, fast bicycling, cycling with loads, or other activities. Think only about those physical activities that you did for *at least 10 minutes at a time*.

DATA MANAGER INSTRUCTION: Program COMMCARE to allow respondents to list each vigorous activity in the past week, time in that activity each day, and # of days. If possible, then sum total minutes for vigorous activity last week.

C22a. During the last week, did you do any vigorous activity for at least 10 min. continuously? (*If yes, ask, which activities? If no, confirm answer*)

1. Yes  $\rightarrow$  C23

- 2. No  $\rightarrow$  C24
- 7. Don't know, don't remember  $\rightarrow$  C24
- 8. Refused  $\rightarrow$  C24

INSTRUCTION TO INTERVIEWER: List all activities that the respondent tells about in column a. Ask for further information on time use in columns b and c a maximum of 5 activities on which they spent the most time if there are more than 5 activities listed in column a.

C23a. If Yes, which	C23c. During the last 7 days,	C23b. How much time did
activity(ies)?	on how many days did you do	you usually spend doing []
	[]	on one of those days?
Activity 1:	days	minutes
7. Don't know, don't	97. Don't remember	997. Don't remember
remember	98. Refused	998. Refused
8. Refused		
Activity 2:	days	minutes
	97. Don't remember	997. Don't remember
7. Don't know, don't	98. Refused	998. Refused
remember		
8. Refused		
Activity 3:	days	minutes
	97. Don't remember	997. Don't remember

7.	Don't	know,	don't	98. Refused	998. Refused
rem	ember				
8. R	Refused				

C24. Now think about activities which take **moderate physical effort** that you may have *done in the last week*. Moderate physical activities <u>make you breathe somewhat harder than normal</u> and may include carrying light loads, tai chi, bicycling at a regular pace, walking briskly, mopping the floor, or other activities. Again, think about only those physical activities *that you did for at least 10 minutes at a time*.

DATA MANAGER INSTRUCTION: Program COMMCARE to allow respondents to list each moderate activity in the past week, time in that activity each day, and # of days. If possible, then sum total minutes for vigorous activity last week.

C24a. During the last week, did you do any moderate physical activity for at least 10 min. continuously?

1. Yes  $\rightarrow$  C25

- 2. No $\rightarrow$  C27
- 7. Don't know, don't remember  $\rightarrow$  C27
- 8. Refused  $\rightarrow$  C27

INSTRUCTION TO INTERVIEWER: List all activities that the respondent tells about in column a. Ask for further information on time use in columns b and c a maximum of 5 activities on which they spent the most time if there are more than 5 activities listed in column a.

C25a. If Yes, which activity(ies)?	C25c. During the last 7 days, on how many days did	C25b. How much time did
	you do []	you usually spend doing [] on one of those days?
Activity 1:	days	minutes
7. Don't know, don't remember	97. Don't remember	997. Don't remember
8. Refused	98. Refused	998. Refused
Activity 2:	days	minutes
7. Don't know, don't remember	97. Don't remember	997. Don't remember
8. Refused	98. Refused	998. Refused
Activity 3:	days	minutes
7. Don't know, don't remember	97. Don't remember	997. Don't remember
8. Refused	98. Refused	998. Refused

When is the last time that you:?		
C27. Received dental care	1. In the last 12 months	
	2. 1-2 years ago	
	3. 2-5 years ago	
	4. 5-10 years ago	
	5. Over 10 years ago	
	6. I have never had this type of healthcare/procedure	
	7. Not applicable, don't know	
	8. Refused/No answer	
C26. Saw a doctor for routine health	1. In the last 12 months	
check/check-up/screening (having a	2. 1-2 years ago	
regular check when the respondent is even	3. 2-5 years ago	
not sick).	4. 5-10 years ago	
INSTRUCTION TO INTERVIEWER: This	5. Over 10 years ago	
does not include the health check	6. I have never had this type of healthcare/procedure	
provided by VHAS as part of biomarker	7. Not applicable, don't know	
collection.	8. Refused/No answer	
C26a. Saw a doctor for a health	1. In the last 12 months	
check/check-up/screening (when the	2. 1-2 years ago	
respondent is sick).	3. 2-5 years ago	
INSTRUCTION TO INTERVIEWER: This	4. 5-10 years ago	
does not include the health check	5. Over 10 years ago	
provided by VHAS as part of biomarker	6. I have never had this type of healthcare/procedure	
collection.	7. Not applicable, don't know	
	8. Refused/No answer	

# Health Care Practices Questions: Now I have some questions about health care, in general.

Reproductive Health Questions				
INSTRUCTION TO DATA MANAGER: Only Include C28-C31 for female respondents.				
INSTRUCTION TO INTERVIEWER: Ask C28-0	C31 with <u>female respondents only</u> :			
C28. Thinking back to your youth, at what age	Provide Age in Years: $\rightarrow$ C30			
did you experience menarche (i.e., experience	97. Don't remember/don't know → C29			
your first period)?	98. Refused/No answer			
C29. If R is unable to recall exactly, inquire if	1. Age 12 or younger			
their age was:	2. Age 13-15			
	3. Age 16 or 17			
	4. Age 18 or older			
	7. Don't know/don't remember			
	8. Refused			
	9. Proxy answered			
C30. At what age did you experience	Age in Years: $\rightarrow D1$			
menopause, i.e., cessation of regular menstrual	97. Don't remember, don't know $\rightarrow$ C31			
	98. Refused/No answer			

periods? (i.e., the first time in which you went 12+ months without a menstrual period)?	
C31. If R is unable to recall exactly, inquire if	1. Age 40 or younger
their age was:	2. Age 41-45
	3. Age 46-50
	4. Age 51-55
	5. Over age 55
	7. Don't know/don't remember
	8. Refused/No answer

## SECTION D. WARZONE STRESSORS AND IMPACTS

Last time we met, we asked you many questions about what you saw and what you experienced during wartime. We know that these can be very difficult experiences to recall. We have just a few more questions that we would like to ask you about experiences you may have had during wartime, either as a soldier, militia, or civilian.

### INSTRUCTION TO INTERVIEWER:

The proxy is not able to answer questions in Section D overall. If proxy is answering  $\rightarrow D11$ 

Ask all respondents questions D1-D3.

D1. It often happens in the time of war (French war, American war, Cambodian war, or border		
war). During any of the wars occurred over your lifetime		
a Did you ever hear about this happening to 1. Yes		
people?	2. No	
	7. Don't know/Don't remember	
	8. Refused/No answer	
b Did this happen to anyone you were close to,	1. Yes	
such as a friend, relative or colleague?	2. No	
	7. Don't know/Don't remember	
	8. Refused/No answer	
c Did this happen to you personally?	1. Yes	
	2. No	
	7. Don't know/Don't remember	
	8. Refused/No answer	
D2. During the wartime (French war, American war,	1. Never	
Cambodian war, or border war), did you ever	2. 1 or 2 times	
experience being captured and held prisoner by the	3. 3 to 9 times	
enemy, and if so, how often?	4. More than 10 times	
(If being captured and held for a short while, it is not	7. Don't know/Don't remember	
counted. Count if being held/prisoned for at least a	8. Refused	
couple of hours).		

D3. During the wartime (French war, American war,	1. Never
Cambodian war, or border war), did you ever	2. 1 or 2 times
witness wartime atrocities or massacres, and if so,	3. 3 to 9 times
how often?	4. More than 10 times
	7. Don't know/Don't remember
	8. Refused

INSTRUCTION TO INTERVIEWER: Ask only those whom we did not			
	INSTRUCTION TO INTERVIEWER: Ask only those whom we did not ask in Wave I; i.e., the		
nonmilitary respondents. Some civilians may have had these experiences.			
INSTRUCTION TO DATA MANAGER: Include these questions in questionnaires only for			
respondents who are nonmilitary and were not asked these questions in Wave I.			
INTERVIEWER Script: In this section, I would like to know abou	· · · · · · · · · · · · · · · · · · ·		
experienced during the war. Please share with me if you experienced the j	0		
the wartime (French war, American war, Cambodian war, border war)?			
D4. For nonmilitary Rs: Were you ever 1. Never/Did not experie	ience		
wounded or injured as a result of wartime 2.1 or 2 times			
events/conditions, and if so, how often? 3. 3 to 9 times			
4. More than 10 times			
7. Don't know/Don't re	member		
8. Refused			
D5. For nonmilitary Rs: Did you ever go on 1. Never/Did not experi	ience		
combat patrols or perform dangerous duties? 2. 1 or 2 times			
3. 3 to 9 times			
4. More than 10 times			
7. Don't know/Don't re	member		
8. Refused			
D6. For nonmilitary Rs: How often did you 1. Never/Did not experience			
experience being attacked or ambushed? 2. 1 or 2 times			
3. 3 to 9 times			
4. More than 10 times			
7. Don't know/Don't remember			
8. Refused			
D7. For nonmilitary Rs: How often were you 1. Never/Did not experience			
under artillery, rocket, or mortar fire? 2. 1 or 2 times			
3. 3 to 9 times			
4. More than 10 times			
7. Don't know/Don't re	emember		
8. Refused			
D8. For nonmilitary Rs: How often were you 1. Never/Did not experience			
responsible for the death of an enemy 2.1 or 2 times			
combatant? 3. 3 to 9 times			
4. More than 10 times			

	<ul><li>7. Don't know/Don't remember</li><li>8. Refused</li></ul>
D9. <i>For nonmilitary Rs</i> : How often did you experience a close call, nearly being shot, hit or hit in bombing attack/explosion?	<ol> <li>Never/Did not experience</li> <li>1 or 2 times</li> <li>3 to 9 times</li> <li>More than 10 times</li> <li>Don't know/Don't remember</li> <li>Refused</li> </ol>
D10. <i>For nonmilitary Rs</i> : How often did you witness at first-hand a friend, neighbor or acquaintance being shot, hit by rocket attack, or hit by bombs, in battle or in an attack on your community?	<ol> <li>Never/Did not experience</li> <li>1 or 2 times</li> <li>3 to 9 times</li> <li>More than 10 times</li> <li>Don't know/Don't remember</li> <li>Refused</li> </ol>

### **Posttraumatic Stress**

People sometimes have problems in response to very stressful experiences they had during wartime. We would like to ask you about problems you may have had related to the most stressful experiences you may have endured during wartime.

INSTRUCTION TO INTERVIEWER/DATA MANAGER:

This section is for research subject only. If the proxy is answering this section or the whole questionnaire, skip questions D11-30.

Interviewer circles as appropriate:

1. The research subject is answering the questionnaire  $\rightarrow$  continue with question D11

2. The proxy is answering  $\rightarrow$  Section E

	b. Related to the most stressful events of wartime, how much were you bothered, in <b>THE 12</b> <b>MONTHS</b> , by:	a. Related to the most stressful events of wartime, how much were you bothered, in <b>THE PAST</b> <b>MONTH</b> , by:
D11. Repeated,	0. Not at all, did not occur $\rightarrow$ D12	0. Not at all, did not occur
disturbing, and unwanted	1. A little bit	1. A little bit
memories of the stressful	2. Moderately	2. Moderately
experience?	3. Quite a bit	3. Quite a bit
	4. Extremely	4. Extremely
	7. Don't know, DR	7. Don't know, DR
	8. No answer, Refused	8. No answer, Refused
D12. Repeated,	0. Not at all, did not occur $\rightarrow$ D13	0. Not at all, did not occur
disturbing dreams of the	1. A little bit	1. A little bit
stressful experience?	2. Moderately	2. Moderately

	2 Onite a hit	2 Outto a hit
	3. Quite a bit	3. Quite a bit
	4. Extremely	4. Extremely
	7. Don't know, DR	7. Don't know, DR
	8. No answer, Refused	8. No answer, Refused
D13. Suddenly feeling or	0. Not at all, did not occur $\rightarrow$ D14	0. Not at all, did not occur
acting as if the stressful	1. A little bit	1. A little bit
experience were actually	2. Moderately	2. Moderately
happening again (as if	3. Quite a bit	3. Quite a bit
you were actually back	4. Extremely	4. Extremely
there reliving it)?	7. Don't know, DR	7. Don't know, DR
there renving it):	8. No answer, Refused	8. No answer, Refused
D14. Feeling very upset	0. Not at all, did not occur $\rightarrow$ D15	0. Not at all, did not occur
when something	1. A little bit	1. A little bit
reminded you of the	2. Moderately	2. Moderately
•	3. Quite a bit	3. Quite a bit
stressful experience?	4. Extremely	4. Extremely
	7. Don't know, DR	7. Don't know, DR
	8. No answer, Refused	8. No answer, Refused
D15. Having strong	0. Not at all, did not occur $\rightarrow$ D16	0. Not at all, did not occur
	1. A little bit	1. A little bit
physical reactions when		
something reminded you	2. Moderately	2. Moderately
of the stressful	3. Quite a bit	3. Quite a bit
experience (for example,	4. Extremely	4. Extremely
heart pounding, trouble	7. Don't know, DR	7. Don't know, DR
breathing, sweating)?	8. No answer, Refused	8. No answer, Refused
D16. Avoiding	0. Not at all, did not occur $\rightarrow$ D17	0. Not at all, did not occur
memories, thoughts, or	1. A little bit	1. A little bit
feelings related to the	2. Moderately	2. Moderately
stressful experience?	3. Quite a bit	3. Quite a bit
-	4. Extremely	4. Extremely
	7. Don't know, DR	7. Don't know, DR
	8. No answer, Refused	8. No answer, Refused
D17. Avoiding external	0. Not at all, did not occur $\rightarrow$ D18	0. Not at all, did not occur
reminders of the stressful	1. A little bit	1. A little bit
experience (for example,	2. Moderately	2. Moderately
people, places,	3. Quite a bit	3. Quite a bit
	4. Extremely	4. Extremely
conversations, activities,	7. Don't know, DR	7. Don't know, DR
objects, or situations)?	8. No answer, Refused	8. No answer, Refused
D18. Trouble	0. Not at all, did not occur $\rightarrow$ D19	0. Not at all, did not occur
remembering important	1. A little bit	1. A little bit
parts of the stressful	2. Moderately	2. Moderately
experience?	3. Quite a bit	3. Quite a bit
	4. Extremely	4. Extremely
	7. Don't know, DR	7. Don't know, DR

	8. No answer, Refused	8. No answer, Refused
D19. Having strong	0. Not at all, did not occur $\rightarrow$ D20	0. Not at all, did not occur
negative beliefs about	1. A little bit	1. A little bit
yourself, other people, or	2. Moderately	2. Moderately
the world ( <i>e.g.</i> , <i>thoughts</i>	3. Quite a bit	3. Quite a bit
	4. Extremely	4. Extremely
such as: I am bad, there	7. Don't know, DR	7. Don't know, DR
is something seriously	8. No answer, Refused	8. No answer, Refused
wrong with me, no one		
can be trusted, the world		
is completely		
dangerous)?		
D20. Blaming yourself or	0. Not at all, did not occur $\rightarrow$ D21	0. Not at all, did not occur
someone else for the	1. A little bit	1. A little bit
stressful experience or	2. Moderately	2. Moderately
what happened after it?	3. Quite a bit	3. Quite a bit
	4. Extremely	4. Extremely
	7. Don't know, DR	7. Don't know, DR
	8. No answer, Refused	8. No answer, Refused
D21. Having strong	0. Not at all, did not occur $\rightarrow$ D22	0. Not at all, did not occur
negative feelings such as	1. A little bit	1. A little bit
fear, horror, anger, guilt,	2. Moderately	2. Moderately
or shame?	3. Quite a bit	3. Quite a bit
	4. Extremely	4. Extremely
	7. Don't know, DR	7. Don't know, DR
	8. No answer, Refused	8. No answer, Refused
D22. Loss of interest in	0. Not at all, did not occur $\rightarrow$ D23	0. Not at all, did not occur
activities that you used to	1. A little bit	1. A little bit
enjoy?	2. Moderately	2. Moderately
	3. Quite a bit	3. Quite a bit
	4. Extremely	4. Extremely
	7. Don't know, DR	7. Don't know, DR
	8. No answer, Refused	8. No answer, Refused
D23. Feeling distant or	0. Not at all, did not occur $\rightarrow$ D24	0. Not at all, did not occur
cut off from other	1. A little bit	1. A little bit
people?	2. Moderately	2. Moderately
	3. Quite a bit	3. Quite a bit
	4. Extremely	4. Extremely
	7. Don't know, DR	7. Don't know, DR
	8. No answer, Refused	8. No answer, Refused
D24. Trouble	0. Not at all, did not occur $\rightarrow$ D25	0. Not at all, did not occur
experiencing positive	1. A little bit	1. A little bit
feelings (for example,	2. Moderately	2. Moderately
being unable to feel	3. Quite a bit	3. Quite a bit
happiness or have loving	4. Extremely	4. Extremely
	7. Don't know, DR	7. Don't know, DR

feelings for people close to you)?	8. No answer, Refused	8. No answer, Refused
D25. Irritable behavior,	0. Not at all, did not occur $\rightarrow$ D26	0. Not at all, did not occur
angry outbursts, or acting	1. A little bit	1. A little bit
aggressively?	2. Moderately	2. Moderately
	3. Quite a bit	3. Quite a bit
	4. Extremely	4. Extremely
	7. Don't know, DR	7. Don't know, DR
	8. No answer, Refused	8. No answer, Refused
D26. Taking too many	0. Not at all, did not occur $\rightarrow$ D27	0. Not at all, did not occur
risks or doing things that	1. A little bit	1. A little bit
could cause you harm?	2. Moderately	2. Moderately
	3. Quite a bit	3. Quite a bit
	4. Extremely	4. Extremely
	7. Don't know, DR	7. Don't know, DR
	8. No answer, Refused	8. No answer, Refused
D27. Being "superalert"	0. Not at all, did not occur $\rightarrow$ D28	0. Not at all, did not occur
or watchful or on guard?	1. A little bit	1. A little bit
	2. Moderately	2. Moderately
	3. Quite a bit	3. Quite a bit
	4. Extremely	4. Extremely
	7. Don't know, DR	7. Don't know, DR
	8. No answer, Refused	8. No answer, Refused
D28. Feeling jumpy or	0. Not at all, did not occur $\rightarrow$ D29	0. Not at all, did not occur
easily startled?	1. A little bit	1. A little bit
	2. Moderately	2. Moderately
	3. Quite a bit	3. Quite a bit
	4. Extremely	4. Extremely
	7. Don't know, DR	7. Don't know, DR
	8. No answer, Refused	8. No answer, Refused
D29. Having difficulty	0. Not at all, did not occur $\rightarrow$ D30	0. Not at all, did not occur
concentrating?	1. A little bit	1. A little bit
_	2. Moderately	2. Moderately
	3. Quite a bit	3. Quite a bit
	4. Extremely	4. Extremely
	7. Don't know, DR	7. Don't know, DR
	8. No answer, Refused	8. No answer, Refused
D30. Trouble falling or	0. Not at all, did not occur	0. Not at all, did not occur
staying asleep?	1. A little bit	1. A little bit
	2. Moderately	2. Moderately
	3. Quite a bit	3. Quite a bit
	4. Extremely	4. Extremely
	7. Don't know, DR	7. Don't know, DR
	8. No answer, Refused	8. No answer, Refused

# SECTION E. CHILDREN AND INTERGENERATIONAL SUPPORT RELATIONS

E1. CommCare shows the list of children we collect	eted in the 2018 survey.
List of alive children of 2018 survey.	
E1. Compared with this list, do you have any child who has not listed in the list?	<ul><li>0. No change</li><li>1. Yes, there are/is children not listed of 2018 survey, including deceased and alive</li><li>2. Have children in the list passed away since 2018</li></ul>
E4. Mark children in the list who passed away since 2018.	
E4a1. Year of death?	
E4a2. Main cause of death?	<ol> <li>Due to war-related causes</li> <li>Illness</li> <li>Accident not related to war</li> <li>Other</li> <li>Don't know</li> </ol>
E5. Relationship of children in the 2018 list with the respondent:	

### Interviewers ask the following questions with the additional children of the list:

E6. Number of children added to the list of 2018 survey?	
a. Name:	
b. Sex	1. Male 2. Female
c. Year of birth	
d. This child is your biological, adopted or	1. Biological
stepchild?	2. Adopted
	3. Stepchild
e. Is this child alive?	1. Yes $\rightarrow$ E8
	2. No
	3. Missing/no contact

INSTRUCTION TO INTERVIEWERS AND PROGRAMMER: After updating the new children, the new list of children will include those who of 2018 survey and the newly added children. With alive children, ask questions g-m below.

Update the information of intergenerational relationships with **each of alive children**:

	0 0 1 1 11		
g. Child's primary location of residence	0. Same household		
this year (2021)?	1. Adjacent/very near		
	2. Same village/group		
	3. Same commune/ward		
	4. Same district		
	5. Same province		
	6. Other province (specify)		
	10. Other country (specify)		
	97. Don't know		
	98. No answer		
h. In the past year, did he/she help you	1. Yes, a lot		
with any of the following household	2. Some		
chores/ maintenance/ farming, family	3. Not at all		
business?	7. Don't know		
Ask for both spouses.	8. Refused/No answer		
	9. Proxy answered		
i. Do you feel you could discuss your	1. Not very much		
worries and problems freely with this	2. Somewhat		
child?	3. Yes, quite freely		
Only ask respondent.	7. Don't know		
	8. Refused/No answer		
	9. Proxy answered		
k. Overall, how satisfied are you	1. Very unsatisfied		
regarding your relationship with he/she?	2. Unsatisfied		
Only ask respondent.	3. Mixed feelings		
	4. Satisfied		
	5. Very satisfied		
	7. Don't know		
	8. Refused/No answer		
	9. Proxy answered		
INSTRUCTION TO INTERVIEWED, These		a ahildnan	who is
INSTRUCTION TO INTERVIEWER: These not living in the same household with the re		e chiidren	who is
1. If alive and noncoresident, how often	1. Everyday/almost everyday		
· · · · · · · · · · · · · · · · · · ·			
did he/she contact you by phone or other	2. Every few days		
telecom (e.g. email, SMS) in the past	3. Weekly/almost weekly		
year?	4. Monthly/almost monthly		
Ask with reference to respondent and	5. Every few months		
spouse in the household.	6. Once a year		
	7. Not at all		
	97. Don't know		
	98. Refused/No answer		
	9. Proxy answered		
m. If alive and noncoresident, how often	1. Everyday/almost everyday		
did he/she visit you in the past year?	2. Every few days		
	3. Weekly/almost weekly		

Ask with reference to respondent and	4. Monthly/almost monthly
spouse in the household.	5. Every few months
*	6. Once a year
	7. Not at all
	97. Don't know
	98. Refused/No answer
	9. Proxy answered
Note: For the children added to the list, ask	t further these questions.
n. Marital status of additional child?	1. Never married
	2. Married
	3. Separated
	4. Divorced
	5. Widowed
	7. Don't know
	8. No answer
o. The highest level of education?	

# **Pregnancy loss questions**: FOR FEMALE RESPONDENT ONLY (questions E14-E15c).

In order to better understand your reproductive history and reproductive health, we would like to ask a few questions about your pregnancy history.

E14. Over your childbearing years, did you ever experience a miscarriage or stillbirth?	1. Yes 2. No→E16
Interviewer: this does not include elective abortion.	<ul> <li>7. Don't know/Don't remember→E16</li> <li>8. Refused/No answer → D16</li> <li>9. Proxy answered→E16</li> </ul>
E15a. If Yes to E14, how many miscarriages/ stillbirths?	$\rightarrow$ E15c 7. Don't know/Don't remember $\rightarrow$ E15b.
E15b. Can you estimate the total number of miscarriages/stillbirths? Was it:	<ol> <li>Just 1</li> <li>2 or 3</li> <li>More than 3</li> <li>Don't know/don't remember</li> <li>Refused</li> </ol>
E15c. When did miscarriages/stillbirths occur?	First time in year: Second time in year: ( <i>enumerate all until = E15a response or</i> <i>equivalent to E15b response</i> ) 9997. Don't know/Don't remember 9999. Proxy answered

E16. How many living grandchildren do you have?	(if Zero $\rightarrow$ Section H)
(children of respondent's children who can be bio,	

step or adopted, as can their children be bio, step or	
adopted.)	
E17. In the past year did you provide care (i.e., for	1. Yes, I have provided care in the past
a significant amount of time, such as continuously	year
for an entire month, or on weekly basis for several	2. No, I am not providing care for my
hours per week) for any grandchildren under age 15	young grandchildren
while their parents were away from home?	3. No, my grandchildren are all grown.

# SECTION H. RESIDENCE, HOUSING, POSSESSIONS

INSTRUCTION TO INTERVIEWER/DATA MANAGER: Determine if R lives in same dwelling as in 2018. If yes, proceed to Question H4. If respondent moved since 2018, ask questions H1- H3 again.

THIS SECTION CAN BE ASKED OF BOTH RESPONDENT AND THE PROXY.

H0. Have you changed your dwelling since our last interview in 2018?

1. Yes  $\rightarrow$  H1

2. No  $\rightarrow$  H3

I'd now like to ask you some questions about your current housing and economic situation.

Household Assets	
H1. What is the main source of drinking water	1. Bottled water
for your household?	2. Piped water into residence
	3. Public pipe water outside home
	4. Well water in residence
	5. Public well water
	6. Spring/river/pond/lake
	7. Rainwater
	8. Other (specify)
	97. Don't know
	98. No answer
H2. What kind of toilet facility do most	1. One-compartment latrine
members of your household use?	2. Two-compartment latrine (two pit)
	3. Semi-septic tank
	4. Septic tank
	5. The discharge goes to lake
	6. There's no latrine (river, ditches, pond)
	7. Other (specify)

H3. Does your household have any of these items?	1. Yes	2. No
--	--------	-------
a. TV	1	2
--------------------------------	---	---
b. Telephone/cell phone	1	2
c. Refrigerator	1	2
d. Air conditioner	1	2
e. Motorcycle, moped, scooter	1	2
f. Car, truck	1	2
g. Computer	1	2
h. Internet access in the home	1	2

Income			
H4. In the past year, did you or your spouse receive cash income from any of the following			
sources? (Interviewer asks each source in the list below)			
1. Household Farming		1. Yes	2. No
2. Household business		1	2
3. Wages, agriculture		1	2
4. Wages, nonagriculture		1	2
5. Pension		1	2
6. Military disability compensation (war ir	valids /sick	1	2
soldiers)			
7. Welfare, social agency or NGO		1	2
8. Rental property/land		1	2
9. Investments or savings		1	2
10. Transfers from children		1	2
11. Support from other family members		1	2
12. Are there any other sources of income besides the above-		1	2
mentioned sources? (specify)			
H5. What was the <b>ONE</b> main source of income 1. Household		l Farming	
support for you in the past year (and your	2. Household	lbusiness	
spouse if married)?	3. Wages, ag	riculture	
	4. Wages, no	nagriculture	
Interviewer instruction: Sources of income	5. Pension		
mentioned in H4 will prepopulate here. Do not	6. Military	disability com	pensation (war
read this list, rather, ask respondent to tell you	invalids /sick	soldiers)	
their ONE main source of income. If they	7. Welfare, s	ocial agency or N	NGO
mention a source not in the list, then return,	8. Rental pro	perty/land	
and correct H4 to include this source.	9. Investmen	U	
	10. Transfers	from children	
DATA MANAGER: Program COMMCARE to		from other family	
preload the list of income sources that the			esides the above-
respondent indicated they received in H4.	mentioned so		
Then interviewer can check one box for this	97. Don't kn		
question.	98. Refused/	No answer	

H6. In the last three years (since 2018), have you		
H6a Worked for wage/salary?	1. Yes	2. No

H6b Participated in household production or services in	1. Yes	2. No
planting, breeding, forestry, or aquaculture?		
H6c Done trading or business in the household?	1. Yes	2. No
DATA MANAGER INSTRUCTION: If H6a, H6b and H6c all are '	'No", skip to	<i>H10</i> .

**Occupational History**. Now we would like to ask you some questions about the work that you have done over your life.

INSTRUCTIONS FOR INTERVIEWER: Primary occupation is defined as the job that the respondent dedicated the most time to over their working life (years of time for lifetime occupation) or in their last year of work (days of effort in current/last occupation).

Make efforts to select the correct category of occupation, only use "Other" category if their occupation is not captured in categories 1-17.

THIS SECTION CAN BE ASKED OF BOTH RESPONDENT AND THE PROXY.

H7. What was your	1. Soldier/defense worker
primary lifetime	2. Hired worker (in agriculture, forestry, fishery sectors)
occupation, or the	3. Self-employed in agriculture, forestry, fishery
occupation to which you	4. Store owner or salesperson
dedicated the most time	5. Mining
over all of your working	6. Construction
life?	7. Transportation (driver of cargo or passenger transport)
	8. Handicraft and artisan
DATA MANAGER	9. Worker (in the factory such as garment, footwear, interior
INSTRUCTION: Only	decoration production)
include this question in	10. Mechanics
COMMCARE for	11. Security, social safety, police
respondents determined to	12. Hotel services, restaurant
have	13. Household helper/Domestic helper
incomplete/nonsensical	14. Office worker
data in Wave I. (n=9 cases)	15. Professional, such as science, education, medicine, law,
	16. Public servant
	17. Government leader, manager
	18. Other (specify)
H8. For those deployed	1. Soldier/defense worker
into military service in	2. Hired worker (in agriculture, forestry, fishery sectors)
wartime, what was your	3. Self-employed in agriculture, forestry, fishery
primary occupation in	4. Store owner or salesperson
the year prior to your	5. Mining
military deployment to	6. Construction
serve in the war?	7. Transportation (driver of cargo or passenger transport)
	8. Handicraft and artisan

DATA MANAGER INSTRUCTION: Only program this question for respondents determined to have incomplete/nonsensical data in Wave I.	decoration product 10. Mechanics 11. Security, socia 12. Hotel services 13. Household he 14. Office worker 15. Professional, s 16. Public servant 17. Government 1 18. Other (specify 19. Not working p	al safety, police s, restaurant lper/Domestic helper such as science, education, medicine, law, t eader, manager 7) prior to deployment, attending school
H9. For those deployed into military service in wartime, what was your primary occupation in the year following your military discharge after your last wartime service? DATA MANAGER INSTRUCTION: Only program this question for respondents determined to have incomplete/nonsensical data in Wave I.	<ol> <li>Not working prior to deployment, attending school</li> <li>Not working prior to deployment, other reason</li> <li>Soldier/defense worker</li> <li>Hired worker (in agriculture, forestry, fishery sectors)</li> <li>Self-employed in agriculture, forestry, fishery</li> <li>Store owner or salesperson</li> <li>Mining</li> <li>Construction</li> <li>Transportation (driver of cargo or passenger transport)</li> <li>Handicraft and artisan</li> <li>Worker (in the factory such as garment, footwear, interior decoration production)</li> <li>Mechanics</li> <li>Security, social safety, police</li> <li>Hotel services, restaurant</li> <li>Household helper/Domestic helper</li> <li>Office worker</li> <li>Professional, such as science, education, medicine, law,</li> <li>Public servant</li> <li>Government leader, manager</li> <li>Student</li> <li>Other (specify)</li> <li>None, I was not working in the year after military service (i.e., was retired, unemployed)</li> </ol>	
Debt.	,	
<ul><li>H10. Does your household of financial debt?</li><li>H11. How much of a burden household? Would you say i</li></ul>	is this debt to your	<ol> <li>Yes</li> <li>No →H12</li> <li>Don't know →H12</li> <li>Refused →H12</li> <li>Proxy answered →Section I</li> <li>A great burden</li> <li>Somewhat of a burden</li> <li>Not a burden</li> </ol>

	8. Refused/No answer
H12. Do you feel that your current income is	1. More than enough
usually more than enough, just enough or less	2. Just enough
than enough to meet your expenses?	3. Less than enough
	7. Don't know
	8. Refused/No answer
SECTION L SDOUGE	

#### SECTION I. SPOUSE

On CommCare, this section will present marital status of research subject in 2018.

- Ethnicity
- Marital status in 2018
- Age at first marriage
- 1. Update/add missing information (If age at first marriage is earlier than 13 or missing, update here.
- 2. Continue the interview
- I1. In Wave I, your marital status was: ..... What is your current marital status?

I1. Wave I marital status:	from	I2. Current marital status: ( <i>Categorize based</i>
(Interviewer check with pre-loaded data 2018 survey.)	Jrom	on perception of respondent, whether marriage is registered or not)
It shows on CommCare screen this inform	nation	1. Never married $\rightarrow$ Section J
of each respondent. Interviewers don't no		2. Married, spouse present
ask this question again.		3. Married, spouse temporarily absent
		4. Divorced
		5. Separated
		6. Widowed
		7. Cohabitation
		97. Don't know
		98. Refused
		99. Proxy answered
I3. Including your current marriage,	Number of marriages:	
5		on't know/Don't remember $\rightarrow$ Section J
married? [DATA MANAGER		
INSTRUCTION: Provide pull-down		
menu with valid #s]		

I4. Now, I would like to ask a few questions about your first marriage (*if married more than once*) or current marriage (*if married once*).I4a. How old were you at your first marriage?DATA MANAGER INSTRUCTION: Only program thisquestion for respondents with incomplete or nonsensicaldata in Wave I.

I4b. Was your first marriage also the first marriage of your spouse at that time?	1. Yes 2. No
I4c. How old was your spouse at your first marriage?	years old 97. Don't know/Don't remember 98. Refused/No answer

INSTRUCTION TO INTERVIEWER: Ask these questions of all ever-married respondents,		
referring to current spouse, or most recent spouse if widowed or divorced/separated. ONLY ASK QUESTIONS I5 THROUGH I9 OF RESPONDENT.		
I5. Taking all things together, how	1. Very unhappy	
would you describe your marriage with	2. Somewhat unhappy	
your current, or most recent spouse if	3. Neither happy nor unhappy	
not presently married, on a scale from 1	4. Happy	
to 5, with 1 being very unhappy and 5	5. Very happy	
being very happy?	7. Don't know	
	8. Refused/No answer	
	9. Proxy answered	
I6. Over the past 3 years, since our	1. Yes	
interview in 2018, has your spouse	2. No →Section J	
required assistance to complete his/her	7. Not applicable (i.e., no spouse in 3 past years)	
daily needs, such as bathing, toileting,	→Section J	
or eating? (If your spouse passed away	8. Refused/No answer $\rightarrow$ Section J	
or you divorced, ask about the year		
before his/her death.)		
I7. Who is the <b>main person</b> that helps	1. Respondent	
your (the respondent's) spouse the most	2. Son	
with activities of daily living? (Choose	3. Daughter	
one answer)	4. Son in law	
	5. Daughter in law	
	6. Grandson	
	7. Granddaughter	
	8. Domestic helper	
	9. Other relative(specify)	
	10. Other non-relative (specify)	
	11. No one helps him/her, even though they need help	
	→Section J	
	97. Don't know → Section J	
I8. Besides the person who helps the	1. Respondent	
most, does any other person help your	2. Son	
(the respondent's) spouse with activities	3. Daughter	
of daily living (Multiple answers	4. Son in law	
allowed, check all that apply)?	5. Daughter in law	
(Note: This question asks about the	6. Grandson	
person who helps the spouse of the	7. Granddaughter	
	8. Other relative (Specify)	

respondent depending on	9. Other non-relative (specify)
circumstances, not for both spouses.)	10. No one else provides help
	97. Don't know
	98. Not applicable, no need help
I9. Ask if respondent is primary or	1. No strain
secondary care provider (I7 or I8=1):	2. Some strain
How much of a mental and/or physical	3. A lot of strain
strain is/was it on you to provide help?	7. Don't know/remember
	8. Refused

## SECTION J. MIGRATION HISTORY

We would like to know about the places you have lived in your life over the past 40 years, in your middle age and older years. Let's first talk about how long you have lived in this community.

J1. Since what year have you been continuously been living here in this province? ( <i>Interviewer instruction:</i> <i>"continuously living" means you did not</i> <i>move to live in other district for longer than 3</i>	Year: INSTRUCTION TO INTERVIEWER: if R indicates any year after 1975 →J2
months, not including a trip to take care of grandchildren or family members if it is not intended to move to stay for long).	if year before $1975 \rightarrow$ Section K
J2. Now I would like to know about the places that you have lived since 1975. <u>Where were you living at the start of 1975 (before 30 April 1975)</u> ?	R indicates that in 1975 she/he was living in: province Or country (specify)
J3. How many moves (across provinces or countries) have you made since 1975? INSTRUCTION TO INTERVIEWER: Any move which takes place for 3 months or longer is accepted.	times If there is no move since $1975 \rightarrow$ Section K

*INSTRUCTION FOR INTERVIEWER continues enumerating places of residence until arriving at the current place of residence in 2021.* 

J4. Now think about that time, in	a. Moved to:
1975, when you were X years old	province
and living in X where did you	country (specify)
next move to live, when did you	9997. Don't remember
move there, and for what reason?	9998. Refused/ No answer
	b. Move to [place] in YEAR:

	0007 Den <sup>2</sup> t non-ombox
	9997. Don't remember
	9998. Refused/ No answer
	c. The main reason I/we moved to was:
	1. For work, I found a job, or my family member found a
	job there
	2. For work, I/family member was assigned a
	job/position by government program
	3. For education
	4. For family reasons, e.g., care for child/grandchild,
	marriage
	5. For military service
	6. Other reason (specify)
	7. Don't remember
	8. Refused/ No answer
J5. Now think about where you	a. Moved to:
moved to after living in	province
(placed specified in J4). Where did	country (specify)
you next move to live, when did you	9997. Don't remember
move there, and for what reason?	
niove there, and for what reason.	b. Moved to [place] in YEAR:
	9997. Don't remember
	c. The main reason I/we moved to was:
	1. For work, I found <del>a</del> job, or my family member found-a
	job there
	5
	2. For work, I/family member was assigned a
	job/position by government program
	3. For education
	4. For family reasons, e.g., care for child/grandchild,
	marriage
	5. For military service
	6. Other reason (specify)
	7. Don't remember
	8. Refused/ No answer

# SECTION K. FAMILY BACKGROUND AND CHILDHOOD CONDITIONS

## Parental background

#### INSTRUCTION TO INTERVIEWER:

For questions from K1-K1a, and K5-K5a, only ask if mother and/or father were still alive in Wave I.

QUESTIONS K1-K5 CAN BE ASKED OF BOTH RESPONDENT AND THE PROXY.

K1. Is your father still alive?	1. Yes $\rightarrow$ K4
	2. No
	7. Don't know/Don't remember $\rightarrow$ K5
K1b. At what age was he when he	
died?	Don't remember / Don't know 997
DATA MANAGER: Please use pull-	No answer 998
down menu with only valid options.	
Please do not allow free form data	
entry.	
K2. What is the highest level of	1. Illiteracy $\rightarrow$ K4
schooling your father completed?	2. Some formal education, did not complete primary
DATA MANAGER: Only include	school $\rightarrow$ K4
questions K2 &K3 for respondents	3. Some formal education, completed primary school
with missing/DK in Wave I.	$\rightarrow$ K4
	4. Not complete junior secondary school $\rightarrow$ K4
	5. Complete junior secondary school and higher $\rightarrow$ K4
	7. Don't know/don't remember $\rightarrow$ K3
	8. No answer/Refused $\rightarrow$ K4
K3. If you don't know exactly (K2=7),	1. Can read and write
could you say about your father's	2. Can read but cannot write
literacy?	3. Cannot read or write
	7. Don't know
K4. Was your father's primary	1. Agriculture
lifetime occupation in agriculture, or	2. Non-agriculture
some other profession?	7. Don't know
K5. Is your mother still alive?	1. Yes $\rightarrow$ K6
	2. No
	7. Don't know/Don't remember $\rightarrow$ K6
K5a. At what age was she when she	
die?	Don't remember / Don't know 997
DATA MANAGER: Please use pull-	No answer 998
down menu with only valid options.	
Please do not allow free form data	
entry.	

# INSTRUCTION TO INTERVIEWER: Ask these questions K6 – K8 only of the respondent

K6. When you were a child (age 5-15), was	1. Better off
your economic situation better off, worse off,	2. Worse off
or about the same as others in your community	
(village/group)?	7. Don't know/Don't remember
	8. Refused/No answer

K7. When you were a child (age 5-15), were you ever taken ill for 1 month or longer, so much so that you were homebound/bedridden? If yes, ask if they recall the specific illness that they had.	<ol> <li>Yes</li> <li>No → K8</li> <li>Don't know/Don't remember → K8</li> <li>Refused/No answer → K8</li> </ol>
K7a. If Yes, what type of illness?	
K8. Did you live most of your childhood (age	1. City
5-15) in a city, town or a village in a rural area?	2. Town
	3. Village
	7. Don't know/Don't remember
	8. Refused/No answer

## SECTION L. RECENT LIFE STRESS

[Notes from programmer: 1) Proxy only answers questions in columns a and b, therefore, at the beginning of Section L, if the proxy is answering, questions of column c will not appear. 2) Column b is for multiple choice, but column c only for answers of the specific event that was most stressful if there are more than once occurrence.]

The following questions ask about events that happened to Respondent **in past 3 years, since we** *last interviewed in 2018*. If yes, ask when did this occur (can indicate multiple occurrence or ongoing by selecting more than 1 option). Occurred in past three years, in the past 1 year, still/again in the past 6 months, in the past one 1 month (to assess stressor recency). After asking about whether it occurred, ask has this been upsetting, if yes, how upsetting it has been.

#### INSTRUCTION TO INTERVIEWER for L1-L13:

If the proxy is answering the questionnaire, just ask questions in columns a and b and choose "Proxy answered" in column c of questions L1-L13.

If respondent indicates the event occurred more than once in the past three years (e.g., two children lost, or two major moves), indicate that interviewer 'check all that apply' for the timing of the event (e.g., death of a child within the last month and over a year ago), and for part c, ask respondent to specify the level of upset for the most upsetting of the events if there are 2 or more.

a. Have you experienced the following event/condition in the <b>past three years</b> , since	b. If yes, when did it occur?→ column c ( <i>If more than one occurrence</i> ,	<ul><li>c. Has it been stressful or anxious for you?</li><li>(<i>If more than one occurrence</i>,</li></ul>
our interview in 2018? 1. Yes → next columns 2. No → next question	circle all that apply)	refer to the specific event that was most stressful)
8. Not applicable $\rightarrow$ next question		
L1. Accident	1. Within the last month	0. No stress
An accident (in home,	2. More than one month ago	1. A little stress
vehicle, workplace) that	but in the past 6 months	2. Some stress
caused physical or	3. 6-12 months ago	3. A lot of stress
psychological injury?	4. Over 1 year ago	7. DK/Don't remember
1. Yes	7. DK/Don't remember	8. Refused
2. No	8. Refused	
8. Not applicable		
L2. Divorce or separation	1. Within the last month	0. No stress
1. Yes	2. More than one month ago	1. A little stress
2. No	but in the past 6 months	2. Some stress
8. Not applicable	3. 6-12 months ago	3. A lot of stress
	4. Over 1 year ago	7. DK/ Don't remember
	7. DK/Don't remember	8. Refused
	8. Refused	
L3. Death of a spouse	1. Within the last month	0. No stress
1. Yes	2. More than one month ago	1. A little stress
2. No	but in the past 6 months	2. Some stress
8. Not applicable	3. 6-12 months ago	3. A lot of stress
	4. Over 1 year ago	7. DK/Don't remember
	7. DK/Don't remember	8. Refused
	8. Refused	
L4. Death of a child	1. Within the last month	0. No stress
1. Yes	2. More than one month ago	
2. No	but in the past 6 months	2. Some stress
8. Not applicable	3. 6-12 months ago	3. A lot of stress
	4. Over 1 year ago	7. DK/Don't remember
	7. DK/Don't remember	8. Refused
L5 Dooth of a alcost relation	8. Refused	0 No strass
L5. Death of a close relative or a close friend.	1. Within the last month	0. No stress
	2. More than one month ago	1. A little stress
1. Yes 2. No	but in the past 6 months 3. 6-12 months ago	<ol> <li>Some stress</li> <li>A lot of stress</li> </ol>
<ul><li>2. No</li><li>8. Not applicable</li></ul>	4. Over 1 year ago	7. DK/Don't remember
	7. DK/ Don't remember	8. Refused
	8. Refused	0. Iteruseu
L6. Serious illness of a loved	1. Within the last month	0. No stress
one or family member	1. Within the last month	1. A little stress
one of furnity member		1. 11 11110 511055

1. Yes	2. More than one month ago	2. Some stress
2. No	but in the past 6 months	3. A lot of stress
8. Not applicable	3. 6-12 months ago	7. DK/Don't remember
o. Not applicable	4. Over 1 year ago	8. Refused
	7. DK/Don't remember	o. Refused
17 Own diagnosis with a	8. Refused 1. Within the last month	0. No stress
L7. Own diagnosis with a serious illness		
	2. More than one month ago	1. A little stress
1. Yes	but in the past 6 months	2. Some stress
2. No	3. 6-12 months ago	3. A lot of stress
8. Not applicable	4. Over 1 year ago	7. DK/Don't remember
	7. DK/ Don't remember	8. Refused
	8. Refused	
L8. Financial shock (Sudden,	1. Within the last month	0. No stress
significant, unexpected loss	2. More than one month ago	1. A little stress
of income or wealth)	but in the past 6 months	2. Some stress
	3. 6-12 months ago	3. A lot of stress
1. Yes	4. Over 1 year ago	7. DK/Don't remember
2. No	7. DK/Don't remember	8. Refused
8. Not applicable	8. Refused	
L9. Involuntary loss of a job	1. Within the last month	0. No stress
(for a reason other than	2. More than one month ago	1. A little stress
retirement)	but in the past 6 months	2. Some stress
	3. 6-12 months ago	3. A lot of stress
1. Yes	4. Over 1 year ago	7. DK/Don't remember
2. No	7. DK/Don't remember	8. Refused
8. Not applicable	8. Refused	
L10. Retirement	1. Within the last month	0. No stress
1. Yes	2. More than one month ago	1. A little stress
2. No	but in the past 6 months	2. Some stress
8. Not applicable	3. 6-12 months ago	3. A lot of stress
8. Not applicable	4. Over 1 year ago	7. DK/Don't remember
	7. DK/Don't remember	8. Refused
	8. Refused	o. Refused
I 11 Damage of home/log 1/		0 No stross
L11. Damage of home/land/	1. Within the last month	0. No stress
crop due to natural disaster	2. More than one month ago	1. A little stress
1. Yes	but in the past 6 months	2. Some stress
2. No	3. 6-12 months ago	3. A lot of stress
8. Not applicable	4. Over 1 year ago	7. DK/ Don't remember
	7. DK/Don't remember	8. Refused
	8. Refused	
L12. Major residence move	1. Within the last month	0. No stress
1. Yes	2. More than one month ago	1. A little stress
2. No	but in the past 6 months	2. Some stress
8. Not applicable	3. 6-12 months ago	3. A lot of stress
	4. Over 1 year ago	7. DK/Don't remember

	7. DK/Don't remember	8. Refused
	8. Refused	
L13. Victim of a crime	1. Within the last month	0. No stress
1. Yes	2. More than one month ago	1. A little stress
2. No	but in the past 6 months	2. Some stress
8. Not applicable	3. 6-12 months ago	3. A lot of stress
	4. Over 1 year ago	7. DK/Don't remember
	7. DK/Don't remember	8. Refused
	8. Refused	
L6a. Serious illness of spouse	1. Within the last month	0. No stress
1. Yes	2. More than one month ago	1. A little stress
2. No	but in the past 6 months	2. Some stress
8. Not applicable	3. 6-12 months ago	3. A lot of stress
	4. Over 1 year ago	7. DK/Don't remember
	7. DK/Don't remember	8. Refused
	8. Refused	
L6b. Serious illness of family	1. Within the last month	0. No stress
members (not spouse)	2. More than one month ago	1. A little stress
1. Yes	but in the past 6 months	2. Some stress
2. No	3. 6-12 months ago	3. A lot of stress
8. Not applicable	4. Over 1 year ago	7. DK/Don't remember
	7. DK/Don't remember	8. Refused
	8. Refused	

Since March 2020, the social distancing policies introduced to reduce transmission of the coronavirus, also known as Covid-19, have led to many changes in everyday life. We are interested in hearing how much these changes have affected you and your life.

 $\Box$  If proxy is answering  $\rightarrow$  Only ask L15 (Questions L14, L16 are to ask research subject)

L14. This question is about things that people say they have been worried about because of the Covid-19 pandemic. On a scale from 1 to 10 where 1 means "not at all worried" and 10 means "very worried," because of the Covid-19 pandemic how worried have you been about the following issues?

a. Your own health?	0	1	2	3	4	5	6	7	8	9	10	97	98
b. The health of others in your family?	0	1	2	3	4	5	6	7	8	9	10	97	98
c. Your financial situation?	0	1	2	3	4	5	6	7	8	9	10	97	98
d. Not being able to get help if you need it from family, friends, others?	0	1	2	3	4	5	6	7	8	9	10	97	98
e. What will happen in the future?	0	1	2	3	4	5	6	7	8	9	10	97	98

97. Don't know/Don't remember 98. No answer

Since the outset of the Covid-19 pandemic in Vietnam last year, did you ever experience any of these changes in activities related to Covid-19 meeting or travel restrictions or social distancing policies?

L15. Did you ever experience .	related to Covid-19	meeting or travel	restrictions or social
distancing policies?			

	1. Yes	2. No	3. DK	7.DK	8.Refused
a. Unable to visit a family member in their home?	1	2	3	7	8
b. Unable to have a family member visit you in your home?	1	2	3	7	8
c. Unable to receive care from someone outside of your household?	1	2	3	7	8
d. Unable to visit a family member or friend who was sick at home, or in hospital?	1	2	3	7	8
e. Unable to attend funeral or services for a family member/friend who died	1	2	3	7	8
f. Unable to attend a wedding of a family member or friend.	1	2	3	7	8
g. Unable to visit family member(s) after the birth of a new baby.	1	2	3	7	8
h. Provided reduced levels of care for nonresident grandchildren	1	2	3	7	8
i. Received increased levels of visits from nonresident family.	1	2	3	7	8

L16. Overall, how stressful have changes in contacts with family and friends, due to Covid-19, been for you?	<ol> <li>Slightly stressful</li> <li>Moderately stressful</li> <li>Very stressful</li> <li>Extremely stressful</li> </ol>
	•
	7. Don't know
	8. No answer/Refused

## SECTION M. LIFE EVALUATION AND SATISFACTION

SECTION M QUESTIONS ARE FOR THE RESPONDENT ONLY, NOT THE PROXY. M0. Interviewer checks if the proxy is answering the questionnaire, skip this section M and end the interview:

1. The respondent is answering questionnaire.

2. The proxy is answering questionnaire  $\rightarrow$  End of interview

We've reached the last section of our interview. We would like to ask you several more questions to learn about your evaluation of your life.

## Locus of control

M1a. You have little control over the things that happen to you.	1. Strongly disagree
	2. Disagree
	3. Agree
	4. Strongly agree
	7. Don't know
	8. Refused/No answer
M1b. There is really no way you can resolve some of the problems	1. Strongly disagree
you have.	2. Disagree
	3. Agree
	4. Strongly agree
	7. Don't know
	8. Refused/No answer

M1. How strongly do you agree or disagree with the following statements?

Loneliness. Please indicate how often you experience the following feelings.

M2. How often do you feel that you lack companionship?	<ol> <li>Often</li> <li>Sometimes</li> <li>Rarely</li> <li>Never</li> <li>Don't know</li> </ol>
	8. Refused
M3. How often do you feel left out?	<ol> <li>Often</li> <li>Sometimes</li> <li>Rarely</li> <li>Never</li> <li>Don't know</li> <li>Refused</li> </ol>
M4. How often do you feel isolated from others?	<ol> <li>Often</li> <li>Sometimes</li> <li>Rarely</li> <li>Never</li> <li>Don't know</li> <li>Refused</li> </ol>

**Physician Acquiescence and End of life planning.** We would like to ask you about your ideas concerning the end of life and healthcare decisions.

	1.Agree	2.Neutral	3.Disagree	7.DK	8.RF
M5. Do you agree or disagree with this	1	2	3	7	8
statement, or are you neutral: I avoid					
thinking about death altogether?					

M6. Do you agree or disagree with this	1	2	3	7	8
statement, or are you neutral: Death is					
simply a part of the process of life.					

M7. People sometimes make plans about the types of		1. Yes
medical treatment they want or don't want if they become		2. No
seriously ill in the future. Have you di	scussed your health	7. Don't know
care plans and preferences with anyon	e?	8. Refused/No answer
M8. When the time comes for your	1. To be pain free/w	vithout pain
death, what do you think would be	2. To retain my dignity e.g. respectful care and support	
the most important thing for your	r 3. To be with family or friends	
end-of-life care?	4. To be peaceful/calm	
(Interviewer reads options and ask	5. To be sure that I am not a burden on other people	
respondent to choose the most	6. For people to listen and be respectful of my wishes	
<i>important thing</i> )	97. Don't know	
	98. Refused/No answer	

#### Social engagement and social networks

M9. **During the past 12 months**, how often did you engage in the following activities? Was it never, once or just a few times over the entire year (*Interviewer note - less than 10 times in the year*), about every month (*Interviewer note: between 10-20 times in the year*), about every week (Interviewer note: 20-50 times in the year), or every day?

a. Visit a child, sibling or other family member who does	1. Never
not live with you.	2. Once or a few times a year
Interviewer note:	3. Monthly or almost monthly
Annually = Les than 10 times in the year	4. Weekly or almost weekly
Monthly = 10-20 times in a year	5. Daily or almost daily
Weekly = $20-50$ times in a year	7. Don't know
	8. Refused/No answer
b. Socialize with friends and neighbors, like chatting or	1. Never
eating together.	2. Once or a few times a year
Interviewer note:	3. Monthly or almost monthly
Annually = Les than 10 times in the year	4. Weekly or almost weekly
Monthly = 10-20 times in a year	5. Daily or almost daily
Weekly = $20-50$ times in a year	7. Don't know
	8. Refused/No answer
c. Do physical exercise (e.g. vigorous walking, play	1. Never
sports)	2. Once or a few times a year
Interviewer note:	3. Monthly or almost monthly
Annually = Les than 10 times in the year	4. Weekly or almost weekly
Monthly = 10-20 times in a year	5. Daily or almost daily
Weekly = 20-50 times in a year	7. Don't know

		8. Re	fused/No ar	nswer	
d. Play games such as chess, cards or other games.		1. Never			
Interviewer note:		2. Once or a few times a year			
Annually = Les than 10 times in the year		3. Monthly or almost monthly			
Monthly = 10-20 times in a year		4. We	ekly or alm	nost weekl	ly l
Weekly = 20-50 times in a year		5. Da	ily or almos	st daily	-
		7. Do	n't know		
		8. Rei	fused/No ar	nswer	
e. Do volunteer or charity work.		1. Ne	ver		
Interviewer note:		2. On	ce or a few	times a ye	ear
Annually = Les than 10 times in the year		3. Mo	onthly or alr	nost mont	thly
Monthly = 10-20 times in a year		4. We	ekly or alm	nost weekl	ly
Weekly = 20-50 times in a year		5. Da	ily or almos	st daily	
		7. Do	n't know		
		8. Refused/No answer			
f. Attend community meetings or organized activities.		1. Never			
Interviewer note:		2. Once or a few times a year			
Annually = Les than 10 times in the year		3. Monthly or almost monthly			
Monthly = $10-20$ times in a year		4. Weekly or almost weekly			
Weekly = 20-50 times in a year		5. Daily or almost daily			
		7. Don't know			
		8. Refused/No answer			
M10. Are you currently a member of any of the following organizations (check all that ap		at apply):			
a. Women's union [Only ask women]	1.	Yes	2. No	7. DK	8. NA
b. Communist party	1.	Yes	2. No	7. DK	8. NA
c. Fatherland Front	1.	Yes	2. No	7. DK	8. NA
		Yes		7. DK	
		Yes	2. No	7. DK	
		Yes		7. DK	8. NA
e		Yes	2. No	7. DK	8. NA
h. Other association/club 1.		Yes	2. No	7. DK	8. NA

Life satisfaction	1. Very satisfied
M11. Taken all together, how satisfied are you	2. Satisfied
with your life at present?	3. Neither satisfied nor dissatisfied
	4. Dissatisfied
	5. Very dissatisfied
	7. Don't know
	8. No answer/Refused

# Thank you for your participation!

For interviewer's notes:	

M12. Who assisted the respondent in the form interview?	<ol> <li>Respondent answered entire interview</li> <li>The respondent received some assistance from others who happened to be present</li> <li>The respondent was comparable of anyworing</li> </ol>
	3. The respondent was somewhat incapable of answering questions and thus received assistance
	4. Proxy answered the entire interview
M13. Is this form complete?	1. Yes, complete
	2. No, incomplete
M14. Why is it incomplete?	<ol> <li>Respondent refused to continue the interview, due to health conditions</li> <li>Respondent is too weak, too tired and refused to continue the interview</li> <li>Respondent is too weak, too tired and the proxy continued the interview</li> <li>Respondent is too weak, too tired and the interviewer felt unable to continue the interview</li> <li>Other reason (specify)</li> </ol>
M15. Interviewer's note about	
the interview:	

M16. Interview conclusion time:	/
M17. Notes by interviewer about participant's	
cognitive state, concerns with interview	
setting, disruptions, other factors that raise	
significant concerns about data quality for the	
whole interview.	